



Commonly Used Resources for Students Updated 8.7.2024

KSU Wellbeing Resources

- [You Matter Mental Wellbeing Campaign](#)
- [KSU Counseling & Psychological Services](#)
- [KSU Campus Awareness Resource Empowerment CARE Services](#)
- [KSU Dean of Students](#)
- [Wellstar Student Health Services](#)

Social Resources

- [KSU Week of Welcome Events & Traditions](#)
- [KSU Homecoming](#)
- [Student Orgs & Events](#)
- [KSU Student Engagement & Belonging \(FLIGHT\)](#)

Work & Financial Resources

- [KSU CARE Services Emergency Assistance Program](#)
- [KSU Financial Aid Dates & Deadlines](#)
- [KSU Student Jobs - Handshake](#)

Off-Campus Mental Health Resources

- [American Foundation for Suicide Prevention](#)
- [Center for Collegiate Mental Health](#)
- [Counseling and Psychological Services](#)
- [Georgia Crisis & Access Line \(GCAL\) 1-800-715-4225](#)
- [National Alliance on Mental Illness](#)
- National Crisis Hotline Network 1-800-SUICIDE (784-2433)
- National Hopeline Network 1-800-784-2433
- National Suicide Prevention Hotline 1-800-273-TALK (8255)
- [Open Path Collective](#)
- [Psychology Today](#)
- QPR Suicide Prevention Training HPW
- Text HOME to 741741- Crisis Text Line for Live Counselor
- The Jason Foundation
- The [Jed Foundation- "How to Help My Young Adult"](#)
- [Thriving Campus](#)
- Trans Lifeline 1-877-565-8860
- Trevor Lifeline (LGBTQIA+ Community) 1- 866-488-7386